



FOR IMMEDIATE RELEASE

18 June 2009

YOUNG TREVOR RICHIE WINS BIG IN THE OKANAGAN

KELOWNA, B.C.: The **Canadian Culinary Federation (CCFCC)** is proud and delighted to announce that Junior Chef, **Trevor Richie** from the Queen's Landing Hotel in Niagara-on-the-Lake won the top prize in the **CCFCC National Junior Culinary Challenge** held in Kelowna at Okanagan College on Monday June 1, 2009.

John Ho of B.C. and **Stéphanie Lavergne** from Quebec City, Quebec finished second and third respectively.

Provincial competitions were held in each province prior to the national competition. Each provincial winner traveled to Kelowna to attend the 46th annual CCFCC convention and to compete in the national **CCFCC Junior Culinary Challenge**. Every Junior Chef competitor had five hours to prepare a well-balanced three course menu for eight persons using common table ingredients and mandatory ingredients which were – scallops, sable, double smoked bacon, beef short ribs, flat iron steaks and KRAFT Philadelphia Cream Cheese and KRAFT Signature Sweet Onion Vinaigrette.

Other provincial winners are;

Jordan Clay – Alberta
Mark Teague – Manitoba
Jennifer Ann Bryant – PEI

Beth Rogers - Saskatchewan
Erika Reeves – Nova Scotia
Kyle Puddester - Newfoundland

CCFCC President Judson Simpson stated “the quality of food and techniques demonstrated by these Junior Chefs are the best we have seen in this competition. The bar has increased once again.”

Trevor now moves on to compete in the Hans Bueschkens Junior Chefs Challenge in Santiago, Chile, in January 2010. He will compete against other Junior Chefs winners across the globe and will have only three and a half short hours to prepare a three course menu for eight.

The CCFCC is very grateful to KRAFT and Chefs Hat for their continued support of the development of Canada's up-and-coming Junior Chefs.

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The Canadian Culinary Federation (CCFCC) unites chefs and cooks across Canada in a common dedication to professional excellence through educational, exchange and competition experiences. Membership in the Canadian Culinary Federation is available to any and all persons who are actively pursuing a career path as a cook apprentice, journeyman cook, professional chef/cook or culinary professional. www.cfcc.ca

For further information, please contact Judson Simpson, CCFCC President at 613.733.5678 or simpsj@parl.gc.ca.

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