

Common Table Items

34 - Cooking - Post-Secondary



Produce – Vegetables	Produce – Fruit
Asparagus, Green	Apples, Gala
Beets, Baby Red, Stem on	Blackberries
Broccoli	Blueberries
Carrots	Kiwi
Cauliflower	Lemons
Celeriac (Celery Root)	Limes
Celery	Mango
Fennel	Oranges
Garlic Bulb	Pears, Bosc
Ginger root	Pineapple
Leeks	Raspberries
Lemon Grass	Strawberries
Mushrooms, Shiitake	Dairy
Mushrooms, White Button	Butter, Salted
Onions, Spanish	Butter, Unsalted
Parsnips	Cheese, Parmesan
Peppers, Red	Cheese, Ricotta
Peppers, Yellow	Cream, 35%
Potato, Russet 100ct	Eggs
Potato, Sweet	Milk, Homogenised, 3.5%
Potato, Yukon Gold	Sour Cream
Shallots. Peeled	Proteins & Stocks
Spinach, Baby	Bacon, Smoked, Slab
Tomato, Roma	Stock, Brown, Veal
Herbs - Fresh	Stock, White, Chicken
Basil	Stock, White, Fish
Chives	Frozen Items
Cilantro	Blackberries, IQF
Dill	Blueberries, IQF
Mint	Pastry, Filo
Oregano	Pastry, Puff
Parsley	Puree, Mango
Rosemary	Puree, Raspberry
Tarragon	Raspberries, IQF
Thyme	Strawberries, IQF

Dry Goods	Dry Goods - Continued
Agar Agar	Vinegar, Cider
Baking Powder	Vinegar, White
Baking Soda	Worcestershire Sauce
Bulgar	Xanthan Gum 93
Chocolate, Dark, Callebaut 811 (53.7%)	Yeast, Dry, Instant
Chocolate, Dark, Coating	Spices - Dry
Chocolate, Milk, Callebaut 823 (33.6%)	Allspice
Chocolate, White, Callebaut,w2nv (28%)	Bay Leaves
Chocolate, White, Coating	Cinnamon, Ground & Stick
Cocoa Powder	Curry Powder
Corn Starch	Ginger, Ground
Flour, Baking, (Strong)	Nutmeg, Whole
Flour, All-Purpose	Onion Powder
Flour, Cake/Pastry	Oregano, Dried
Gelatine, Leaves	Paprika, Hungarian
Gelatine, Powder	Pepper, Cayenne
Glucose	Peppercorns, Black & White
Honey	Salt, Kosher
Maple Syrup	Salt, Maldon Sea
Mustard, Dijon	Thyme
Nuts, Almond, Ground	Turmeric
Nuts, Hazelnuts, Whole	Alcohol
Nuts, Walnut Halves	Beer, Guinness
Oil, Canola	Beer, Naughty Neighbour, Pale Ale
Oil, Olive, Extra Virgin	Beer, Land Shark Lager
Quinoa	Brandy, VSOP
Rice, Wild	Grand Marnier
Rice, Long Grain	Port, Ruby
Sesame Seeds, Black	Rum, Dark
Sesame Seeds, White	Wine, Red, Cabernet Sauvignon
Soya Sauce	Wine, Red, Merlot
Sugar, Brown	Wine, White, Chardonnay
Sugar, Granulated, White	Wine, White, Riesling
Sugar, Icing	Miscellaneous
Sugar, Isomalt	Aluminum Foil
Tabasco Sauce	Bread, White, Sliced
Tomato Paste	Butcher`s Twine
Tomatoes, Whole Peeled	Cheesecloth
Vanilla, Bean	Plastic Wrap
Vanilla, Pure	Coating Spray
Vinegar, Balsamic	Parchment Paper