



# CARDBOARD BOAT RACE

## ELEMENTARY GUIDELINES

### 2018-2019

Materials for this competition have been generously donated by:



[www.skillsontario.com](http://www.skillsontario.com)

*This document is only to be used in preparation for the Elementary Cardboard Boat Race  
Ce document doit être utilisé que dans le cadre de la préparation aux Courses de bateaux en carton élémentaires*

If there is any discrepancy between the English and the French information herein, the English version shall stand.

Registration opens on Tuesday, October 2<sup>nd</sup>, 2018! Please visit [register.skillsontario.com](http://register.skillsontario.com) to begin the registration process.

Skills Ontario would like to invite your school to participate in one of the annual Cardboard Boat Races for elementary schools being held during the 2018-2019 school year at the following locations:

- **Tuesday, October 30, 2018**
  - Marathon High School, Marathon
- **Tuesday, January 15, 2019**
  - Confederation Education Centre, Ottawa 1\*
- **Tuesday, January 22, 2019**
  - Wayne Gretzky Centre, Brantford 1
- **Wednesday, January 23, 2019**
  - Wayne Gretzky Centre, Brantford 2
  - Confederation Education Centre, Ottawa 2\*
- **Tuesday, January 29, 2019**
  - Swansea Public School, Toronto
- **Wednesday, January 30, 2019**
  - Quinte Sports and Wellness Centre, Belleville
  - L'Amoreaux Collegiate Institute, Toronto
- **Tuesday, February 5, 2019**
  - Centre Wellington Community Sportsplex, Fergus 1
- **Wednesday, February 6, 2019**
  - Centre Wellington Community Sportsplex, Fergus 2
  - Saugeen District Secondary School, Port Elgin
- **Friday, February 15<sup>th</sup>, 2019**
  - Bracebridge Sportsplex, Bracebridge

*Venues and dates are subject to change – but substantial notice will be given in this event.*

\*Denotes a bilingual event

The registration fee is \$125.00 per team for affiliated schools.

## Schedule of the Day\*\*

TIME	DESCRIPTION
9:00 a.m. – 9:15 a.m.	Arrival: Sign-in team and hand-in boat designs
9:15 a.m. – 9:30 a.m.	Welcome and Orientation
9:30 a.m. – 11:30 a.m.	Boat Construction
11:30 a.m. – 12:15 p.m.	Clean-up and Lunch
12:15 p.m. – 12:30 p.m.	Prepare to enter pool by heat number
12:30 p.m. – 2:30 p.m.	Race and Weight Challenges
2:30 p.m. – 2:45 p.m.	Final Clean-up of Construction Area
2:45 p.m. – 3:00 p.m.	Awards Presentation

**\*\* Times may vary according to race location and pool availability. Registered teams will receive an email two (2) weeks prior to the event if the schedule is different from the one printed above.**

## CHALLENGE OVERVIEW

Teams of up to four grade 7 or 8 students from the same school will design and construct one (1) boat to participate **in both** a speed and a weight challenge in a pool. Students will be given the materials to construct the boat and two (2) hours of building time. We strongly encourage all teams to build and test sample boats prior to the event. Drawings of boat designs will be collected upon sign-in for judging.

Teams will be judged on planning and design, quality of construction, visual appeal, teamwork and team spirit, knowledge of essential skills, safety and cleanliness as well as the boat's speed and weight capacity. Each speed and weight challenge will be timed and recorded by our judges. *For a breakdown of what the judges will be looking for please consult the **Construction and Race Rules and Regulations on pages 5 - 9.***

Due to increased popularity of the event and the addition of races, the advancement policy for teams to the 2019 Elementary Provincial Championship held in Waterloo early March has been adjusted in order to adhere to venue capacity.

- Only the first two (2) teams from race locations with two (2) events (ie. Ottawa, Branford, Fergus) will advance to championships
- Only the first team from the Bracebridge location will advance to championships
- The top three teams from all other regional races will advance to championships

## ELIGIBILITY

- Affiliated elementary schools may enter up to two (2) teams of four (4) students each per season.
- Please note registration is on a first-come, first-served basis and waitlists often occur.
- Teams must be made up of grade 7 and 8 students from the same school.

## REGISTRATION PROCESS

- Step #1 – Teachers reserve team space(s) online at [register.skillsontario.com](http://register.skillsontario.com). This must be done a minimum of **two (2) weeks** prior to the event, but please note that most races fill up shortly after registration opens at the end of September. Teams registering two weeks prior to the race are likely to be placed on a waitlist.
- Step #2 – Teachers or students register team members with name and emergency information online a minimum **two (2) weeks** prior to the event.
- **Step #3 – Bring individual team member signed consent forms directly to the event. Any student that does not have a signed consent form with them will not be permitted to compete.**

Cancellations must be received no later than one (1) week prior to the event to avoid being charged full registration fees.

## ON EVENT DAY

1. All team members should come prepared with waivers, swimwear and towels to enter the pool for the race and/or weight challenge.
2. Ensure teams have packed their own straight edges, tape measures, cutting devices, pencils/pens, decorations and copies of the boat designs.
3. Two (2) pieces of pizza (or boxed lunch) and drinks will be provided to team members and teachers (advisors) at lunch time. If participants feel they require additional sustenance, it is highly recommended they bring their own snacks with them. Any food brought to the venue must be nut-free.
4. **Teachers/Advisors are not to provide any advice** to their students during the build portion of the event except to advise them of safety concerns. They **must remain in the building at all times** and be easily reachable by Skills Ontario staff. They are allowed to coach their teams poolside during the weight challenge.
5. There is often leftover cardboard available after the event. Please come prepared to help yourself to any extra sheets. Each sheet can retail for up to \$7.00.

## TOOLS AND MATERIALS

### ***Supplied by Skills Ontario\*:***

1. Two 4' x 8' sheets of ¼" corrugated cardboard
2. 2 rolls of duct tape (48 mm x 32 m)
3. An adhesive sheet with specified boat number
4. Lunch
5. PFD/life jackets

*\*materials supplied are subject to change but notice will be given where possible*

**Supplied by teams:**

1. Cutting devices (utility knife, box cutters, retractable blade Exacto-knife)
2. Pencils/pens/markers
3. Suitable attire to race in pool
4. Boat design sketch (two copies)

**Optionally supplied by teams:**

1. Decorations to enhance the appearance\* (painters tape and sticky tack for decoration adhesive use only)
2. Straight or angled edges/rulers of any length or size
3. Tape measures, a compass and/or protractor
4. Tarp (for protecting the finished boat at locations where teams carry their boat outside to access the pool)
5. Saw horse
6. Camera – including GoPro's
7. Nut-free snacks and drinks

**Note: No other tools or equipment may be used in the construction of the boat. No hammering or clamping devices allowed (with the exception of a GoPro camera attached to boat at team's discretion). Electrical power will not be available at any time. (\* see construction regulation #5)**

**CONSTRUCTION RULES AND REGULATIONS**

1. Each team must bring **TWO COPIES** of each boat design sketch. One copy is to be submitted for evaluation at the time of arrival and registration. The second copy can be used by the team during construction.
2. **During the construction period, judges will ask students about their designs** and this will account for an additional part of the design mark.
3. Boats must be designed to allow team members to be **fully contained** within the structure of the boat. Rafts or surfboard styles will not be permitted.
4. Any devices used to propel the boat in the water must be constructed from materials provided.
5. Teams are permitted to bring materials with which to decorate their boat. Decorations must not aid in the speed or buoyancy of the boat. **Lacquers, waxes (i.e. crayons), paints or sprays of any kind are not permitted for decoration.** The use of aerosol cans, confetti and glitter is strictly prohibited. Teams will be asked to remove all water soluble decorations after "Visual Appeal Judging" and before entering the water (i.e. during lunch time). Teams are permitted to use



- painters tape and/or sticky tack to tack on decorations that will be removed before entering the pool.
6. Teams are not permitted to use aids such as a prototype, to-scale patterns or prefabricated materials for tracing purposes at the event.
  7. All team members will be weighed during the construction phase and will have to advise Skills Ontario staff which team members are going to participate in the first round of the weight challenge. This is known as the **Declared Weight** and must be finalized in the construction phase. *Please review the Frequently Asked Questions for a more thorough description of "declared weight".*
  8. Teams will be asked during the construction phase to declare who their racer(s) will be.
  9. The provided adhesive sheet with specified team number must be attached in a **visible** location on the boat.
  10. Teams must write on their boat four (4) essential skills used as they prepared for the Cardboard Boat Race. For a list of essential skills, please visit: [skillscompetencescanada.com/en/essential-skills/](https://skillscompetencescanada.com/en/essential-skills/)
  11. All left over materials must be handed into the Skills Ontario staff at the end of the construction phase.

## RACE RULES AND REGULATIONS

1. Shoes will not be permitted on the pool deck.
2. Boats will race in timed heats of two (2), three (3) or four (4) boats.
3. All team members racing must wear the PFDs/life jackets provided.
4. At the team's discretion, one (1) or two (2) team members may race the boat and it must be the racer(s) declared during the construction phase. No late substitutions will be allowed.
5. Only kneeling or sitting in the boat will be permitted during the speed and weight challenges.
6. Teams will be given two commands:
  - a. "Racers Ready": teams will make eye contact with the starter
  - b. "Boats in the water and Racers in the boat": teams will have up to 30 seconds to climb into their boats and position the boat.
7. After 30 seconds or when all teams in the heat are ready (whichever comes first) a whistle will blow signaling the start of the timed race.
8. Up to three (3) team members on the pool deck are allowed to steady and hold the boat for the start of the race. Teachers may not assist.

9. If team members on the deck push the boat at the start or allow the boat to drift away from the edge a **five (5) seconds penalty will be added to the time.**
10. If a team uses sides of pool to propel their boat forward a five (5) second penalty will be added to the time
11. Time will stop once any **structurally significant** part of the boat touches the other end of the pool.
12. Only the racers' hands, along with devices constructed of provided materials, may be used to propel the boat.
13. Team members must enter and exit the boat from the ends of the pool – not the sides of the pool deck (this will help ensure that teams designated to the middle lane are not at a disadvantage).
14. Racers are responsible for avoiding any obstacles in their designated lane (**i.e. buoys, ladders, and submerged stairs**). **Times will not be adjusted if a boat becomes 'hung-up' on an obstacle.**

## TRANSITION BETWEEN RACE AND WEIGHT CHALLENGE

1. All intact boats must proceed to the weight challenge immediately following their race heat.
2. After the speed challenge, teams will be allowed to remove the boats from the pool to pour out excess water; the boat must then be immediately placed back in the pool for the weight challenge.
3. Boats that are unable to complete the speed challenge due to tipping, may compete in the weight challenge. Boats must be dragged, through the water, to the pool end to ensure fairness.
4. Boats deemed unsafe by a lifeguard will not be permitted to enter the weight challenge.
5. Drying tools (paper towels, hair dryers, towels, and fans) will not be permitted.

## WEIGHT CHALLENGE RULES AND REGULATIONS

1. Weight will be determined by the combined body weight of the individuals in the boat. Additional weight-bearing objects (hand weights, weighted belts, dumb bells) will not be permitted.
2. Individuals must be fully contained within the structure of the boat. Teams may use their hands to hold the boat edge (top edge only, not the sides), but will not be permitted to touch the water outside of the boat or the ledges of the pool, except when asked to help reposition the boat at a judge's or lifeguard's request.

3. Feet and legs must be contained within the boat. Only kneeling or sitting in the boat will be permitted. For safety reasons, competitors may NOT lie down.
4. Participants must wear PFDs/ lifejackets during the weight challenge.
5. Boats must begin the weight challenge with the weight they declared during the construction phase. (i.e. those individuals elected by their team to go into the boat first)
6. Boats must hold declared weight for 90 seconds without “sinking” in order to score any weight challenge points. Teams touching the water outside of the boat, buoys, or the ledges of the pool during the timed portion of the weight challenge will have a 5 second penalty, for example if a team member touches the water at 80 seconds, they must hold their declared weight for 95 seconds(a 5 second addition to 90 seconds)
7. Additional individuals may be added to boats after 90 seconds have passed. Each new weight must be held for an additional 60 seconds.
8. Teams must use their hands to paddle their boats back towards the wall before adding additional people to their boat. Boats may only be ‘pulled’ towards the wall when within arms-length of the end of the pool where the judge is standing – boats **CANNOT** be pulled from the pool sides.
9. The final weight held for the full time will be recorded as the maximum weight achieved for the team.
10. ONLY student competitors may compete in the first 90 seconds of the weight challenge. All team members<sup>1</sup> must be used in the weight challenge before other registered elementary student participants are added. No spectators or teacher volunteers are permitted.
11. Teachers are permitted poolside during the weight challenge to help students safely enter the boat, steady the boat, and coach their teams,
12. A boat will be considered “sunk” once **any edge or corner** of the boat is submersed/allowing water in for **5 seconds consecutively**

## SCORING

Category	Maximum Points
<b>Construction</b>	
Quality of Construction	5
Planning and Design	5
Safety and Cleanliness	5
Teamwork and Team Spirit	5
Visual Appeal	5

<sup>1</sup> Unless there is a valid medical or health and safety issue that precludes all team members from participating and Skills Ontario staff have been made aware of the situation.



Essential Skills Knowledge	5
<b>Total Construction</b>	<b>30</b>
<b>Speed Challenge</b>	
Speed (top twenty fastest times)	35
<b>Total Speed Challenge</b>	<b>35</b>
<b>Weight Challenge</b>	
Weight (top twenty greatest weights held)	35
<b>Total Weight Challenge</b>	<b>35</b>

Scoring for the race/weight challenge:

1 <sup>st</sup> – 35 points	11 <sup>th</sup> – 14 points
2 <sup>nd</sup> – 33 points	12 <sup>th</sup> – 12 points
3 <sup>rd</sup> – 31 points	13 <sup>th</sup> – 10 points
4 <sup>th</sup> – 29 points	14 <sup>th</sup> – 8 points
5 <sup>th</sup> – 27 points	15 <sup>th</sup> – 6 points
6 <sup>th</sup> – 25 points	16 <sup>th</sup> – 5 points
7 <sup>th</sup> – 23 points	17 <sup>th</sup> – 4 points
8 <sup>th</sup> – 21 points	18 <sup>th</sup> – 3 points
9 <sup>th</sup> – 18 points	19 <sup>th</sup> – 2 points
10 <sup>th</sup> – 16 points	20 <sup>th</sup> – 1 point

**\*JUDGES' DECISIONS ARE FINAL\***

**TIE BREAKERS:**

- In the event of a tie between two or more teams, ties will be broken by using the score from the weight challenge, then the speed challenge, then total construction, then essential skills knowledge, then quality of construction.

**Teams who damage the construction location floor with cutting devices or adhesive will be disqualified.**

**Photo Waivers**

Camera crews and media will be onsite at the race taking footage and photos of the event. Students who do not have their parent’s/guardian’s permission to be photographed will be asked to wear an identifier. This will help ensure students without a signed photograph waiver will not appear in publications or get posted on social media and/or our website.

## Inclement Weather

Cardboard Boat Races will be cancelled only under the following conditions:

- The School Board(s) where the event is being hosted have “Closed” for the day
- And/or critical staff cannot safely travel to the hosting location

The event will continue as planned if ‘buses are cancelled’.

If the boat race must be cancelled due to weather conditions, Skills Ontario will make every reasonable attempt to reschedule within the same school year.

Unfortunately, no refunds can be made to participant fees in the event of a last minute cancellation due to weather conditions.

## Pool Safety Guidelines

Skills Ontario’s pool based activities comply with OPHEA Guidelines and the R.R.O 1990, Reg. 565 Public Pools under the Health Protection and Promotion Act.

1. In keeping with OPHEA swim test guidelines (<http://safety.ophea.net/safety-plan/168/1840>), Skills Ontario requires **all participants** in the pool activities to **wear a personal flotation device (PFD) at all times while in the pool**. PFD’s will be provided by the venue.
2. Participants may also be required to adhere to **venue specific policies**. All registration contacts will be notified by email in advance of the event regarding these requirements.
3. It is the responsibility of the registration contact to be familiar with and follow their school board specific policies in regards to water based activities.

## Questions?

If you have any further questions please consult the Cardboard Boat Race Frequently Asked Questions document published on our website [skillsontario.com](http://skillsontario.com) or contact Nick Komarnitsky, Competition & Registration Assistant at [nkomarnitsky@skillsontario.com](mailto:nkomarnitsky@skillsontario.com).